

## IST students: we need your help!

Participating in an internship is a big part of the IST student experience. We need your help to create a video that shares what those experiences are like with current and future students and employers.

**WHAT:** An IST student crowdsourced internship highlight video.

**WHO:** IST students completing an internship in summer 2018.

**WHERE:** Wherever your internship is!

**HOW:** Use your smartphone to capture moments from your summer internship, and follow the instructions below to submit video clips using the form here - [IST SUMMER INTERNSHIP VIDEOS](#).

**WHEN:** Please submit all video clips using the instructions below by Friday, Aug. 17.

**WHY:** IST requires that all students complete an internship before graduating. Showcasing the variety of professional and personal experiences students have in their internships helps us engage students and create and strengthen partnerships with organizations who can host future interns.

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### INSTRUCTIONS

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1. Use your smartphone to record clips between 5-15 seconds long during your internship.
2. Record clips from experiences like:
  - a. Your first and last day
  - b. Networking events, community service projects, and social activities like sporting events
  - c. You in front of your company's logo or wearing gear with your company's logo
  - d. Presentations and team meetings/work periods
  - e. Traveling as part of your internship (e.g. consulting trips)
  - f. Time off activities like city exploration and sightseeing
3. Upload your clips using the form here - [IST SUMMER INTERNSHIP VIDEOS](#)
  - a. Please upload all clips by Friday, Aug. 17
  - b. You can submit up to five clips at once and can complete the form multiple times throughout the summer

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### TIPS:

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- Record clips by holding the phone horizontally, not vertically.
- Clips should be between 5-15 seconds long.
- Clips with movement and activity are better than still shots.
- Music will be included with the video, so audio from your clips will not be included.
- Don't record anything proprietary or sensitive. Follow your organization's policies and check with your supervisor.

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### QUESTIONS?

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Contact Rita Griffith ([rgriffith@ist.psu.edu](mailto:rgriffith@ist.psu.edu)) in the Office of Career Solutions or Jordan Ford ([jaf378@psu.edu](mailto:jaf378@psu.edu)) in the Office of Marketing and Communications with any questions.